



NORMAN PUTSURE COLLEGE

CHUMOUKEDIMA : NAGALAND

WORKSHOP REPORT 2022

Health and Fitness Awareness Session– November 10, 2022

A Health and Fitness Awareness Session was conducted via Zoom under the trainer Mrs. Katie Mayfield. The session aimed to promote the importance of maintaining a healthy lifestyle among students through regular physical activity and a well-balanced diet. During the program, students were introduced to various forms of exercise that can be incorporated into daily routines, along with practical tips on maintaining proper nutrition. The resource person also emphasized the connection between physical health and mental well-being, highlighting how a disciplined lifestyle can positively impact overall productivity and quality of life. The session proved to be informative and engaging, encouraging students to adopt healthier habits and prioritize their well-being in their everyday lives.



Ms. Sanienuo Putsure
Coordinator

Ms. Nungsangmongla Ozukum
Asst. Coordinator

Entrepreneurial Talk by Bambusa Owner – December 7, 2022

An insightful and engaging talk on finance and entrepreneurship was delivered by Medoneizo, the owner of Bambusa. The session provided students with a real-world perspective on starting and managing a business. Drawing from his personal journey, the speaker shared his experiences, including the initial challenges he faced, the risks involved, and the determination required to overcome obstacles in the entrepreneurial path. He elaborated on the importance of financial planning, innovation, and consistency in building a successful enterprise. By sharing practical strategies and lessons learned from his own business ventures, he helped students understand the realities of entrepreneurship beyond theoretical knowledge. He also emphasized the value of resilience, adaptability, and continuous learning in a competitive business environment. The interactive nature of the session allowed students to ask questions and gain clarity on various aspects of entrepreneurship, such as starting small, identifying market gaps, and building a strong brand identity.

Overall, the talk served as a source of motivation, encouraging students to think creatively, take initiative, and consider entrepreneurship as a promising and achievable career option.



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Art Competition in Memory of Norman Putsure – December 9, 2022

To commemorate the birth anniversary of Late Norman Putsure, the college organized an art competition as a tribute to his deep appreciation for art, creativity, and cultural expression. The event aimed to honor his legacy by encouraging students to explore and showcase their artistic talents in a vibrant and meaningful way. Students from various departments enthusiastically participated in the competition, presenting a wide range of artworks that reflected originality, imagination, and skill. The competition provided a platform for young artists to express their thoughts, emotions, and perspectives through different forms of art, including painting, sketching, and creative designs.

The event not only celebrated artistic expression but also fostered a sense of inspiration and appreciation for the arts among the student community. It served as a reminder of the importance of creativity in personal and cultural development. Overall, the competition was both engaging and memorable, leaving a lasting impression on participants and attendees while paying a heartfelt tribute to the life and vision of Late Norman Putsure.



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